

## DR. JULIE PAYNE, DMFT, LMFT

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### EDUCATION

Northcentral University

**DMFT (Doctorate in Marriage and Family Therapy) General Studies** **2022**

Antioch University – Los Angeles

**M.A. Clinical Psychology** **2007**

300 clinical hours completed prior to graduation

California State University Long Beach

**B.A. Psychology** **2005**

### TEACHING EXPERIENCE

Chapman University

**Clinical Assistant Professor MFT – Crean College of Health and Human Services** **Aug 2023**

- MFT570 Advanced Psychopathology/Diagnosis – Develop syllabus and overall course structure, administer all grades, and maintain data for SLO reports
- MFT573 Crisis Management – Develop syllabus and overall course structure, administer all grades, and maintain data for SLO reports
- MFT 694 Practicum I – Develop syllabus and overall course structure, administer all grades, provide clinical supervision to 4 students, and maintain data for SLO reports
- MFT516 Assessment – Develop syllabus and overall course structure, administer all grades, and maintained data for SLO reports
- MFT565 Diagnosis and Treatment of Children and Adolescents – Develop syllabus and overall course structure, administer all grades, and maintain data for SLO reports

Antioch University – Los Angeles

**Clinical Assistant Professor MFT – Crean College of Health and Human Services** **Jul 2023**

- MFT522 Perspectives: Trauma & Its Effects, Awareness & Recovery – Develop syllabus and overall course structure, administer all grades, and maintain data for SLO reports
- MFT5460D The psychology of Disability and Chronic Illness – Develop syllabus and overall course structure, administer all grades, and maintain data for SLO reports

Chapman University

**Lecturer – Crean College of Health and Human Services** **Jan 2023- Aug 2023**

- MFT516 Assessment – Developed syllabus and overall course structure, administered all grades, and maintained data for SLO reports

- MFT565 Diagnosis and Treatment of Children and Adolescents – Developed syllabus and overall course structure, administered all grades, and maintained data for SLO reports

College of the Mainland

**Adjunct Faculty – Psychology Department**

**Jan 2015 - May 2023**

Developed syllabus and overall course structure, administered all grades, and maintained data for SLO reports

VIRTUS Facilitator

**Our Lady of Guadalupe Parish & School**

**2016-2021**

Facilitate VIRTUS classes to the staff, parents, and volunteers

RELATED EXPERIENCE

Julie Payne DMFT, LMFT Supervisor

**Marriage and Family Therapist**

**Jan 2011 – present**

- Provide individual, family, and child psychotherapy,
- Provide clinical supervision to MFT Associates, LPCC Interns, and MFT Interns

Peninsula Center for Children and Families

**Co-Owner, CEO, & Marriage and Family Therapist Supervisor**

**Dec 2016 – present**

- Provide individual, family, and child psychotherapy
- Provide clinical supervision
- Run operations of the clinic including, marketing, website maintenance, networking, program development, and trainings

Thrive In Schools

**Founder, CEO, Trainer**

**Sept 2018– present**

- Provide individual therapy to children and teens directly at their school
- Collaborate with schools
- Provide training and support to school district and employees

Counseling Partners of Los Angeles

**Marriage and Family Therapist Clinical Supervisor**

**Aug2018 – Jun 2020**

- Provide group supervision to 6-8 trainees and associates

South Shore Center for Couples and Families

**Co-Owner & Marriage and Family Therapist Supervisor**

**Jun 2016 – Jun 2019**

- Provide individual, family, and child psychotherapy
- Provide clinical supervision
- Maintain website and marketing
- Program development and trainings

Military One Source

**MFLC (Military Family Life Consultant) & CYB (Child Youth Behaviorist)**

**Sept 2014 – Feb 2019**

- Provide non-medical brief on-site counseling to service members and their families

- Provide presentations and workshops to children of service members pre/post deployment
- Provide resources for additional counseling services through Military One Source

Shields for Families

**Contracted MAP Supervisor**

**Feb 2013 – Jul 2015**

- Conduct initial 5-day MAP training
- Provide clinical supervision and consultation to 18 therapists trained in MAP
- Review therapist's cases for certification process
- Maintain records for CA Department of Mental Health EBP reports

Shields for Families

**Therapist, MAP Supervisor & Team Lead, Crisis Team Lead**

**Jul 2008 – Dec 2012**

- Provide psychotherapy for children in a school based setting across 5 schools (elementary to high school)
- Conduct therapeutic groups
- Collaborate with teachers and school staff to improve functioning of clients
- Manage crisis situations in schools throughout Compton and Watts
- Provide resources and training to staff regarding crisis response
- Provide supervision to 6 therapists under the MAP model
- Review progress notes, initial intakes, and CCCP of 6 therapists
- Review billing logs for 6 therapists for submission
- Attend management meetings regarding EBP standards, program development, and staff trainings

Artemis Tegan, M.A., MFT – Private Practice

**Marriage and Family Therapist Intern**

**Jul 2008 – Oct 2009**

- Provided individual, family, and child psychotherapy
- Managed billing and insurance
- Co-facilitated a teen group

South Bay Center for Counseling

**Marriage and Family Therapist Trainee/Intern**

**Counseling Services Program Manager & Office Manager**

**Sept 2006 – Jul 2008**

- Provide psychotherapy for children, families, and individuals
- Facilitated a chronic pain group
- Grant writing
- Assessed and assigned clients for treatment
- Conducted initial phone intakes with potential clients
- Managed client charts and conducted internal audits for chart review
- Maintained all program records and client files
- Supervised reception staff and scheduling
- Coordinated community development conferences

PUBLICATIONS

*"Coping with Traumatic or Upsetting Events"*

Bay Area Health & Wellness, League City, TX. July/August 2016

“Arthritis and Family Dynamics”

Family Therapy Magazine, AAMFT. Vol20(3) May/June 2021

Payne, J. (2023). Thrive Campus-Based Mental Health Program [Doctoral Dissertation, Northcentral University]

## PRESENTATIONS

“Impact of Chronic Illness on Friends and Family”

Guest Speaker at Juvenile Arthritis National Conference, Anaheim, 2007

“Patient Perspective”

Guest Speaker at Cedars-Sinai, Los Angeles, 2007

“Dating and Relationships with Chronic Illness”

Guest Speaker at Arthritis in PrimeTime, Los Angeles, 2010

“Communicating with Doctors”

Guest Speaker at Arthritis in PrimeTime, Los Angeles, 2011

“Pregnancy and Parenting”

Guest Speaker at Arthritis in PrimeTime, Los Angeles, 2011

“Mental Wellness”

Guest Speaker at Juvenile Arthritis National Conference, Houston, 2017

“Caregiver Burnout”

Guest Speaker at Juvenile Arthritis National Conference, Houston, 2017

“Bullying”

Guest Speaker at Juvenile Arthritis National Conference, Houston, 2017

“How Military Mental Health Care Works”

Guest Speaker, Very Bad Therapy Podcast. Episode 19, 2021

“Working with Client’s Experiencing Chronic Illness/Pain”

Guest Speaker at Long Beach South Bay CAMFT, Torrance, 2023

## MEMBERSHIPS

AAMFT Clinical Fellow

TAMFT Clinical Fellow

HAMFT Clinical Member & 2016 Secretary

CAMFT Clinical Member

LBSB-CAMFT Chapter Member, 2016 Secretary, 2018 President

## QUALIFICATIONS

License Number: CA MFC 49281 exp. June 2024 & TX 202139 exp. June 2024

ASIST Certified

TF-CBT Nationally Certified  
MAP Supervisor Certified  
EMDR Trained Therapist  
VIRTUS Certified Facilitator  
CA Approved Supervisor  
TX Approved Supervisor  
AAMFT Approved Supervisor

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