

Curriculum Vitae
Caryn Shizue Ito, PT, MS, DPT
Physical Therapist

Board Certified Clinical Specialist in Pediatric Physical Therapy

3830 E. Rolling Green Lane

Orange, CA. 92867

(714) 997-6747/ cito@chapman.edu

EDUCATION

- September 2014-May 2016 Chapman University, Orange, Ca.
Transitional Doctorate in Physical Therapy
- June 1993 University of Southern California, Los Angeles, Ca.
M.S. in Physical Therapy, Clinical Specialty in Adult Neurology
- Dec. 1985 California State University, Northridge. Northridge, Ca.
B.S. in Physical Therapy

PROFESSIONAL EXPERIENCE

- Dec. 2004-Present Cornerstone Therapies, Huntington Beach, Ca.
Pediatric Physical Therapist
- May 2002-Dec. 2004 Neuro-Institute for Therapy and Education (NITE), Orange, Ca.
Owner, Private practice and continuing education workshops
- April 1999-May 2002 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Consultant
- April 1996-April 1999 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Director of Education, Physical Therapy Department
Senior Clinician, Outpatient Services
- Nov. 1993-May 2002 CSI Physical Therapy, Orange, Ca.
Owner, Private practice and continuing education workshops
- April 1991-April 1996 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Senior Clinician, Adult Stroke/Neurology/Brain Injury Services
- March 1990-March 1991 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Physical Therapist II, Adult Stroke/Neurology Services
- July 1987-March 1990 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Physical Therapist I, Adult Stroke/Neurology Services
- January 1986-July 1987 Rancho Los Amigos National Rehabilitation Center, Downey, Ca.
Physical Therapist I, Adult Brain Injury Services
- Dec. 1985-May 1986 Brotman Memorial Hospital, Culver City Ca.
Per Diem Physical Therapist

LICENSE

Jan. 1986-present Physical Therapy, Ca.
Active

PROFESIONAL MEMBERSHIPS

Dec. 1983-Present APTA
2018-present APTA, Education Section
2012-Present APTA, Pediatric Section
1986-2005, 2016-present APTA, Neurology Section

CERTIFICATIONS

June 2017-present Board-Certified Clinical Specialist in Pediatric Physical Therapy

Oct. 2020-Oct. 2022 CPR

Nov. 2011 APTA CI Credential

October 2003-March 2005 Neuro-IFRAH Instructor

June 2007-Oct. 2003 NDTA, Inc. PT Instructor
Adult Hemiplegia

Feb. 1995-Feb. 2005 Board Certified Clinical Specialist in Adult Neurologic Physical Therapy

Nov.1989-Nov.1993 CPR Instructor
American Heart Association

July 1988-Sept. 1988 PNF 3-month certification course
Vallejo, Ca.

TEACHING EXPERIENCE

Aug. 2016-present Assistant Clinical Professor
Physical Therapy Department
Chapman University

Sept. 2005-Aug. 2016 Clinical Instructor for 2-week, 12-week, 14-week, 16-week students
From Chapman University, Eastern University, Western University,
USC, Long Beach, St. Augustine, University of Colorado;
Average 2 students/year

1990-Nov. 2004 Guest Lecture for Neuro. Therapeutic Exercise Courses for USC,
Western University, Loma Linda University

Oct. 2003-Mar. 2005 NDTO/Neuro-IFRAH Instructor
Adult Hemiplegia

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| June 1997-Oct. 2003 | NDTA/Bobath, Inc. PT Instructor Adult Hemiplegia |
| Sept. 1995-Dec. 1995 | Mount St. Mary's College Lead Instructor, Neuro. Therapeutic Exercise Course |
| Sept. 1993-May 1997 | NDTA/Bobath, PT Instructor Candidate |
| Nov.1989-Nov.1993 | CPR Instructor American Heart Association |
| Sept. 1989-Dec. 1989 | Secondary Instructor for Neuro.Therapeutic Exercise Course University of Southern California PT Program Los Angeles, Ca. |

SERVICE**UNIVERSITY**

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|--------------|---|
| 2021 | MFT Faculty Search Committee member |
| 2020 | MFT Faculty Search Committee member |
| 2017-present | Fall Stroke Boot Camp IPE coordinator |
| 2017-present | Interprofessional Education Committee member <ul style="list-style-type: none"> • IPE 501 subcommittee member • IPE 502 subcommittee member |

DEPARTMENT

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|--------------|---|
| 2021-present | Student Success Committee Chair |
| 2019-present | ACAPT National Honor Society Committee member |
| 2018-present | Admissions Committee member |
| 2017-present | Summer Stroke Boot Camp Coordinator |
| 2017-present | Student Success Committee member |
| 2016-present | Policies and Procedures Committee member |

COMMUNITY

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|--------------|---|
| 2007-present | Orange Coast Sports Association Board member |
| 2008-present | Orange Coast Optimist Basketball Committee member |
| 2005-present | Orange Coast Optimist Board member, Vice–President of Activities, Sergeant of Arms, Basketball Committee Representative, Orange Coast Sports Association Representative |

CONTINUING EDUCATION

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| October 2021 | APTA Education Leadership Conference Atlanta, GA |
| April 2021 | Function of the Pelvic Floor Karis Wong, DPT Online (Sponsored by the Ca. Physical Therapy Association) |
| February- March 2021 | APTA Combined Sections Meeting Online |

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| February 2020 | APTA Combined Sections Meeting Denver, Co. |
| November 2019 | APTA Academy of Pediatric Physical Therapy Conference Anaheim, Ca. |
| October 2019. | National Physical Therapy Examination (NPTE) Questions Writing Workshop Anaheim, Ca. |
| May 2019 | World Physiotherapy Congress Geneva, Switzerland |
| February 2019 | APTA Combined Sections Meeting New Orleans, La. |
| April 2018 | Introduction to Pediatric Vestibular Rehabilitation Houston, Tx. |
| February 2018 | APTA Combined Sections Meeting Atlanta, Ga. |
| February 2017 | APTA Combined Sections Meeting San Antonio, Tx. |
| September 2016 | 18 th Advanced Clinical Practice in Pediatric PT Course Atlanta, Ga. |
| June, 2016 | Selecting Meaningful, Standardized Pediatric Outcome Measures for Children with Disabilities APTA Learning Center |
| February 2016 | Management of Infants and Young Children with Congenital Muscular Torticollis Anaheim, Ca. |
| February 2016 | Combined Sections Meeting Anaheim, Ca. |
| August 2015 | Myofascial Release I Anaheim, Ca. |
| November 2014 | "If You Can't Breathe, You Can't Function" Mary Massery, PT, DPT, DSc Orange, Ca. |
| 2011 | Kinisiotaping Fundamentals (KT-I and KT-II) |

PLATFORM PRESENTATIONS

- October 10, 2019 Hoang, C., Dougherty, K., Brown, P., *Ito, C.*, Tierney, L., Jenkins, B., Soangra, R.
"Asymmetry in Temporal Parameters of Gait among Stroke Survivors
Biomedical Engineering Society (BMES)
- May 31, 1997 *Ito, C.*, Lewthwaite, R. "High Challenge Early Independence Model of
Physical Therapy Clinical Education"

APTA National Conference
San Diego, Ca.
- Oct. 8, 1994 Ito, C. "Subluxation of the Shoulder in Adult Hemiplegia"
California State APTA Conference
Anaheim, Ca.

POSTER PRESENTATIONS

- October 2021 Ito, C., Gilliland, S., Chung, A., Freidman, S., Hadinoto, A., Porcel., A.,
"Active Learning Strategies to Enhance Learning Outcomes in DPT
Students."
APTA Education Leadership Conference
Atlanta, Ga.
- May 2019 McKenzie, A., *Ito, C.*, Jonathan, N. "Stroke Boot Camp: An Integrated
Clinical Education (ICE) Model for Intensive Chronic Stroke Rehabilitation."
World Physical Therapy Congress, Geneva, Switzerland
- February 2019 Vogel, C., Gilliland, S., *Ito, C.*, Brown, P. "Doctor of Physical Therapy
Student Skill Attainment: Using the resting blood pressure skill
assessment tool."
APTA Combined Sections Meeting, New Orleans, La.
- October 2018 *Ito, C.*, Gilliland, S. "Modeling and Mentoring: Using the Cognitive
Apprenticeship Model to Facilitate Student Clinical Reasoning and Faculty
Development."
APTA Education Leadership Conference, Jacksonville, FL.
- June 1990 "Stroke Independence Training Unit: Easing the Transition from Rehab
to Home."
APTA National Conference, Anaheim, Ca.

PUBLICATIONS

Caryn Ito, MS, PT. "Casting: Conservative Management of Joint
Deformities and Dynamic Posturing."
Orthopedics Physical Therapy Clinics of North America. 2(1) 25-38,
1993.

MASTERS THESIS

June 1994 "Center of Pressure and Gait Characteristics in Right versus Left Hemiplegic Patients."
Nishida-Ito, C., Baker, L., Perry, J., Gronley, J.
University of Southern California

AWARDS

Community Service

2013 Orange Coast Sports Association Service Award
Orange County Nikkei Coordinating Council

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Caryn Shizue Ito, PT, MS, DPT

2010 Orange Coast Optimist Community Service Award
Orange County Nikkei Coordinating Council

2009 Orange Coast Optimist of the Year
Orange Coast Optimist Club

2009 Booster of the Year
Kiwanis Club/PlyoCity All-Star Game

Professional

June 1999 Clinical Educator of the Year
University of Southern California Physical Therapy Program
Los Angeles, Ca.

August 1991 Employee of the Month
Rancho Los Amigos Medical Center, Downey, Ca.

Educational

May 1988 Margaret Rood Scholarship
University of Southern California

Dec. 1985 Magna Cum Laude
California State University, Northridge