

# ECOLYMPICS TIPS



**GO FOR GOLD & REDUCE YOUR WATER USE WITH THESE METHODS:**

## IN THE BATHROOM

1. Turn off the tap while brushing your teeth and/or shaving
2. Take shorter showers - go the extra mile and turn off the water while lathering up
3. Growing house plants in your dorm? Place a bucket under your shower head while waiting for the water to heat up and use collected water for your plants
4. Don't use your toilet as a garbage can - the extra flushes waste water and can clog toilets

## IN THE KITCHEN

1. Scrape food off your plate before rinsing it in the sink to shorten rinse time
2. Give pots and pans a soak instead of scrubbing them under running water for a prolonged amount of time
3. Keep a pitcher/bottle of drinking water in the fridge instead of running the tap to cool the water for drinking

## IN THE LAUNDRY ROOM

1. Only wash full loads of laundry – wash on the cold water setting if mixing whites and colors to prevent color bleeding (and save energy too!)
2. Pick the appropriate water level setting on the washing machine

## REPORT LEAKS

Report any water leaks observed from your toilet, faucet, shower, kitchen areas, dorm room, laundry room, etc.