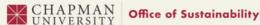
GREEN PANTHER NEWSLETTER





Happy Summer!

To get in the spirit of summer, we've crafted a list of sustainable practices and products to help you make informed decisions and set the standard for an eco-friendly season. Check out our blog post and Instagram post for the full list + recommendations!

Sustainable Panther Summer Checklist	
CHOCKEIST	
Practices:	Products:
Carbon offset travel	Reef-safe sunscreen
Eat locally/farmer's market	Reusable water bottle
Support small businesses	Bamboo utensils + plates
Say no to single use plastics	Metal Straw
Wash clothes in cold	Fans (instead of AC)
water & air dry Self-educate on environmental justice	Plant-based foods

Stay Tuned for the Fall Sustainability Survey

Our annual Sustainability Survey provides feedback on our current sustainability initiatives and helps us plan future projects! We encourage students, faculty, and staff to fill out the survey. Respondents can be entered into a raffle to win a gift card to a local business. More details will be available at the beginning of the Fall semester.

The Chapman Community Garden is Back!

The Chapman Community Garden, located in the Davis Quad, is a space for students to grow food and connect with nature. Students can sign up for garden beds each semester on a first come, first served basis. More information, including a reservation form, will be available at the beginning of the Fall semester.



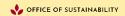
Slow Living

Our latest Instagram post highlights the basics of slow living - what it is, what its benefits are, and how to implement it into daily life to boost sustainability and well-being. The summer season is an ideal time for students to reflect and be intentional about everyday decisions while away from the

fast-paced school semester. To learn more about how to slow down, check out our Instagram post and blog post.

WHAT IS SLOW LIVINGS

- A movement abandoning the fastpaced lifestyle
- Making intentional decisions to form sustainable habits
- Slowing down and taking time to complete everyday tasks more effectively



Green Panther Article Picks

- Want to save California's wild spaces? Check out these maps (LA Times)
- The Southwest is bone dry. Now, a key water source is at risk (Politico)
- The Sunday Read: 'The Rise and Fall of America's Environmentalist Underground' (NY Times' The Daily)

Know a fellow Chapman student/faculty/staff interested in sustainability and the environment? Forward this e-mail and have them subscribe here! Also, make sure to follow us on Instagram @sustainchapman!

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