IRES SEMINAR

Institute for the Study of Religion, Economics, & Society

Zen and God

In his upcoming book *There is No God and He is Your Creator*, Brad Warner makes the Zen view of God and reality more comprehensible to Western audiences. Western philosophy, science, and religion force people to choose sides in a dualistic debate over materialism versus spirituality. But Zen views this debate as flawed and incomplete. Zen points us toward a fundamentally different view of reality, one in which even the word "God" is too limiting.

Brad Warner is an author, ordained Zen teacher, and professional punk rock bass player. He teaches a style of Zen meditation called *shikantaza* or "just sitting." The practice of *shikantaza* requires no mantras, visualizations, verbal guidance, or riddles to ponder. It takes about five minutes to teach and a lifetime to master. Brad's previous books are titled: Hardcore Zen; Sit Down and Shut Up; Zen Wrapped in Karma Dipped in Chocolate; and Sex, Sin, and Zen.

Tuesday, March 19th 3:15-5:00pm Wallace All Faith's Chapel



Brad Warner

Soto Zen Priest and Author

