

Making the Transition Student Services

Colleen Wood

Assistant Vice President for Student
Affairs and Associate Dean of Students



CHAPMAN
UNIVERSITY

Dean of Students Office

- We are here to help!
- Services provided are based on assessment and data
- Consider signing up for the tuition protection program before the start of classes (search Chapman website)
- Student Outreach and Support Team
 - Referral form is available on our website
 - Check in with students and connect them with appropriate on and off campus resources

PEER and Health Education

- Proactive
- Education
- Encouraging
- Responsibility



Dr. Dani Smith

dasmith@chapman.edu

Director

Sexual Assault Crisis Counselor

Licensed Therapist

30 years working at Chapman

PEER and Health Education

- Prevention Focused Programs and Education
- Skill Development
- Awareness
- Engagement Opportunities
 - American Red Cross Blood Drives
 - Student CARES Group
 - Programming Partnerships
- Helping students connect with resources and support
- Reducing college students' high-risk behaviors in relation to:
 - Alcohol and Other Drug Use
 - Relationship Violence
 - Affirmative Consent

Healthy Panther Initiative

- A **required** program for all new undergraduate students
- Designed to empower students helping with healthy decision-making
- Topics include alcohol/drugs, personal health and relationship development
- Reporting options and resources about sexual misconduct and skills about how to be an active bystander / where to get help
- Skill development and education helping students to stay on track to achieve their academic goals

PEER and Health Education

- Conflict Management Skill Building
- What Does a Healthy Relationship Look Like?
- Anxiety Management / Proven Skills that Work
- Alcohol / Responsible Consumption
- Anger Management Tips and Skills
- Stress Reduction / Skill Building Tips
- Managing MY Emotions
- Communicating Effectively

What **YOU** Can Do - Your Student's Alcohol Use



Periodically check-in and discuss if, and how much, your student is drinking and partying. Research strongly suggests that these on-going conversations can make a huge difference in regard to their alcohol use and choice of peers.



C.A.R.E.S. Student Group

Creating A Rape-free Environment for Students



Dr. Smith is our Sexual Assault Crisis Counselor / Advocate

C.A.R.E.S. Coordinator

Sexual Assault and Violence Prevention *

Educational Awareness Programming *

Student Health Center

Jacqueline Deats, Director
deats@chapman.edu

Phone: (714) 997-6851

Fax: (714) 744-7077

Location: **402 N. Glassell St.**



Brief Overview of Services Provided

- **Acute illness:** First Aid, fever, sore throat, flu, bronchitis, sinusitis, GI and COVID-19
- **Health screening:** GYN & sexual health testing
- **Some “over-the-counter” and prescription medications available**
- **COVID-19 testing**



Student Medical Portal

- Students can book appointments, upload health records and more!
- Get started by checking out the portal here
<http://mystudenthealth.chapman.edu>



Student Health Center Events

- Covid Booster Clinics – mid-September
- Flu vaccine Clinics – in October

**Students should keep
an eye out for
information in Dean
Price's Weekly
Announcements!**

Student Psychological Counseling Services

410 N. Glassell St.
(in between Health Center and Public Safety)

Phone: (714) 997-6778

Email: spcs@chapman.edu



Student Psychological Counseling Services

- In-person and Telemedicine appointments are available with SPCS
- Brief assessment determines if student concerns fall within the scope of practice
- Brief, goal-directed models of therapy provided to assist students in achieving their academic goals
- Students best served by higher level of care are referred to community providers
- Students in crisis are seen for same day triage

Limited Psychiatric Services

- SPCS philosophy: We utilize evidence-based treatments to help students before recommending a psychiatric evaluation
- Psychiatric evaluations are available for new prescriptions, with short term management and referral to the community for long term care
- Bridge *short term* treatment for students needing local psychiatrists and refills for medications
- Does NOT include ADHD evaluations and medications

Student Psychological Counseling Services

Most Common Concerns

- Anxiety
- Depression
- Self-esteem issues
- Adjustment problems
- Motivation
- Relationship difficulties
- Sleep problems
- Family concerns



Drop-In hours offered and 24/7 Crisis Line available

Student Psychological Counseling Services

Staffed with licensed and supervised clinicians from a variety of modalities and experiences.



Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Loneliness
- Lack of purpose
- When the tearful calls home out number the other ones



Disability Services

- Jason McAlexander, M.A., M.S.
Director jmcalex@chapman.edu
- Kathy Sok
Administrative
Assistant ksok@chapman.edu

Email: ds@chapman.edu



Disability Services

- **Our Goal/Purpose:**

Under the Americans with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability to achieve equal access to the educational experience

- **Accommodations:**

Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman's academic programs

ADA Accommodations

- Extended testing time
- Distraction-reduced testing setting
- Audio recording of lectures
- Tests in alternate formats
- Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.



Public Safety



418 North Glassell Street
Orange, California 92866

24-hour Dispatch (714) 997-6763

Enterprise Risk & Safety Department

Public Safety Office

**418 North Glassell Street
Orange, California 92886**

publicsafetystaff@chapman.edu

**Fire & Life Safety and
Emergency Management**

**350 N. Olive Street
Orange, California 92886
firesafety@chapman.edu**

**Parking & Transportation
Services**

**348 North Olive Street
Orange, California 92886
parking@chapman.edu**

Public Safety

- **Operation Safe Ride (714) 997-6680**
Provides evening transportation around the university
- **Crime Prevention – “If you see something, say something!”**
Seminars that provide tips to prevent crime on campus and encourages the prompt reporting of suspicious activity.
- **Safety Seminars**
What to do in the event of an active shooter. “Run, Hide or Fight”.
- **Self-Defense Classes**
Teaches women realistic self-defense tactics and techniques.
- **Lost and Found**
- **Bicycle Licensing and Registration**
All bicycles on campus are required to be licensed
- **Emergency Phones**
Blue phones connect directly to Public Safety Dispatch

Emergency Management



Panther Alert Emergency Notification:

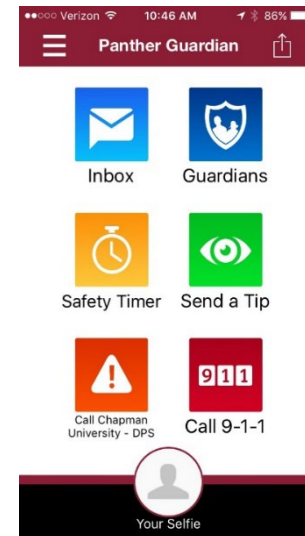
Students are automatically enrolled with their Chapman E-mail but must provide cell numbers to receive mobile notifications.

www.chapman.edu/panther-alert

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Fire & Life Safety

- **Building/Fire Protection Inspections**
- **Residence Hall Evacuation Drills**

Conducted each semester

- **Campus Events First Aid Team** to join the student First Aid Team, e-mail Fire Marshal Victor Arteaga at: arteaga@chapman.edu

- **Training and education**

- Fire Safety
- Fire Extinguisher training
- CPR/First Aid/AED training
- Basic Life Support for Rinker Health Science Students

- **Permits**

Special events
Filming

Parking & Transportation Services

Mandatory Parking Permit Policy

- Permits are **FREE** but **REQUIRED** 24 hours per day, 365 days per year for visitors and university faculty, staff, and students.
- All faculty, staff and student vehicles parked on campus must be registered to a valid permit at <https://vpermit.com/Chapman>.
- Parking in the surrounding neighborhood or public parking areas is prohibited.
- Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area and can be reviewed on the Parking Services website.

Where to register for a permit

- <https://vpermit.com/Chapman> a permit is registered for, parking privileges begin. The license plate will be scanned to validate parking privileges. Please encourage your student to review the Parking Plan at www.chapman.edu/parking, to know all their parking options.

Parking & Transportation Services

Shuttle Services:

- Chapman Grand/Panther Village Shuttle
 - **Monday – Friday, 7:30 AM – 12:00 AM**
 - **Weekends, 9:00 AM – 9:00 PM**
- Parking Lot Shuttle
 - **Monday – Friday, check the App for shuttle location**
- Get the App! Passio Go! App provides real-time shuttle tracking, arrival estimates, and route information.



Contact Information

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Contact Information

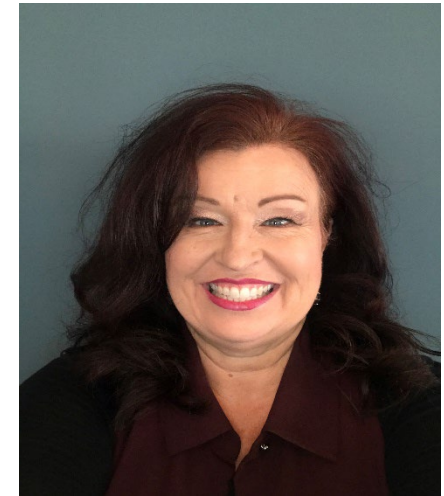
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