



Food Insecurity

Access to healthy and affordable foods is interwoven with other issues. When we talk about food insecurity, we are also talking about the lack of affordable housing and healthcare, poverty, racism, and more. The U.S. Department of Agriculture (USDA) defines food insecurity as “a lack of consistent access to enough food for an active, healthy life.” In 2018, the USDA conducted a [survey](#) and found that one in nine Americans were food insecure, which is about 37 million people.

Data shows that food insecurity may be more prevalent on college campuses. According to a [survey](#) by City University of New York (CUNY) in 2019, 48% of respondents out of almost 22,000 students on 19 college campuses were food insecure. Food security ranges on a spectrum from high to low, but everyone experiencing any level of food insecurity deserves to have access to healthy and affordable foods, which is a basic need.

If you are in need of food, please take advantage of the resources that are available on and off-campus:

- **Morlan Food Pantry** is an on-campus food pantry with shelf stable food and fresh produce. To access the food pantry, fill out this [form](#). If you would like to support the food pantry financially, [donate](#) here.
- **CalFresh** is California’s version of the Supplemental Nutrition Assistance Program (SNAP) which allows eligible students to receive up to \$192 a month for groceries.
- **Waste Not OC** focuses on food recovery, food waste, and helps those experiencing food insecurity. Check out the website for more information on food pantries near you.
- **Second Harvest Food Bank** is a food bank that provides services located in Irvine, CA. Visit the website to find out more information on the services available.
- **OC Food Help** includes a free food map for locations where anyone can receive free food in the community and CalFresh sign up assistance. Another map that lists resources for food insecure people is [Food Finder](#).
- **Saddleback Church Grocery Distribution** has multiple locations, dates, and times for food distribution and food pick up.
- **Cantlay Food Distribution Center (Society of St Vincent de Paul)** offers food distribution on Tuesday, Wednesday, Thursday and CalFresh. Application services. Contact Michael Tijerino at mtijerino@ccoc.org for any questions.

Click [here](#) for more resources.

2020-2021 Food Insecurity Survey

food INSECURITY



Take the **2020-2021 Food Insecurity Survey** and help the University better serve the needs of our students.

Environmental Justice Screening and Panel of District 15

Join the Office of Sustainability for a screening and panel afterwards of the short documentary District 15 produced by Patagonia on December 2, from 12-1:30PM. The documentary features the work of non-profit organization **Communities for a Better Environment (CBE)** which focuses on environmental justice and building healthier and sustainable environments in predominantly low income communities of color. District 15 highlights the residents of Wilmington, CA that are affected by a multitude of oil-drilling sites and how they're working with CBE to combat environmental racism. This virtual event will feature a screening of the documentary and a panel afterwards with CBE members. Sign up [here](#) to attend the event.



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