

Studying or traveling abroad

- Gain as much information as possible about the country that you will be traveling to.
- Visit the following websites:
<http://www.travel.state.gov>
(overview)
<http://travel.state.gov/travel/requirements/> (entry requirements)
http://travel.state.gov/travel/cis_pa_tw/cis_1765.html (Consular Information Sheets)
www.cdc.gov/travel (inoculation requirements)
- Check your medical health insurance coverage.
- Make two extra copies of all your travel information (passport, airline tickets, etc.); leave one set at home with a relative or close friend and take a copy with you.
- Know your credit card limits.
- Make certain that a trusted family member is aware of the location of all your legal papers; legal will, insurance documents, mortgage information, internet/cell phone passwords, etc.
- Leave valuable or expensive looking jewelry at home.
- Do not bring large amounts of cash; use traveler's checks or credit cards.
- Take a list of all important telephone numbers (family, U.S. Embassy and Consulate, campus emergency numbers).
- When you arrive, secure a copy of your important information in a safe and secure location.
- Bring an extra pair of prescription glasses.
- Pack your medical prescriptions in their original containers.
- Mark all luggage on the inside and outside with your name, address and telephone number; if possible cover your outside luggage tags.