Cyber security

- Never give your password to anyone.
- Change your password frequently.
- Do not allow others access to your email account.
- Monitor your access time; by keeping track of when and how long you were on a computer system, it will be obvious if someone has gained access to your account.
- Be wary of anonymous "re-mailers".
- Do not put personal information or photos on your web page and do not give personal information that can identify where you live to social networking sites.
- Never leave your computer/laptop unattended.
- Engrave markings on your computer.
- Shop online only with companies that you know; check with the Better Business Bureau if unsure.
- Use a secure browser that will encrypt or scramble purchase information or pay with a money order or check.
- Update your virus software regularly, or when new versions are available.
- Do not download files sent to you by strangers or click on hyperlinks from people you don't know.
- Make certain that all your personal information is deleted from your computer prior to disposing of it.
- Monitor your children's internet access and consider installing blocking software.