



Your selection of any provider from this list is a personal decision. Chapman University is not affiliated with, nor does Chapman University specifically endorse individual providers and disclaims any liability thereof. We encourage your due diligence in the selection of any healthcare provider. When making an appointment, mention you are a Chapman Student. Ask about “super bills” for providers who don’t take insurance in which a receipt can be given to you to submit to your insurance company for reimbursement. If you have insurance, check your insurance website for a listing in your area. **Chapman’s Health Insurance option is United Healthcare: [www.uhcsr.com](http://www.uhcsr.com). Insurance information listed below is a courtesy based on our annual update. Always verify with your provider if they accept your insurance prior to setting up an appointment. For more info on below therapists and/or to find a therapist, please visit [www.psychologytoday.com](http://www.psychologytoday.com).**

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## THERAPISTS

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### **Rachelle Marshall, LMFT**

(In-person and Telehealth- Walking Distance)  
58 Plaza Square, Suite I, Orange, CA 92866  
(714) 922-5371 (call, text or email)  
[rachelle@therapywithrachelle.com](mailto:rachelle@therapywithrachelle.com)  
[www.therapywithrachelle.com](http://www.therapywithrachelle.com)

### **Ashley Ball, LMFT**

(Telehealth Only/Flexible schedule)  
(949) 701-0822 (call, text or email)  
[ashleylmft@gmail.com](mailto:ashleylmft@gmail.com)

### **Townes Eimer, LMFT (All PPO’s)**

(In-person and Telehealth-Walking Distance)  
629 E. Chapman Ave., Orange, CA 92866  
(714) 244-2892

### **Lori A. McCarty, LCSW**

(In-person and Telehealth-Walking Distance)  
629 E. Chapman Ave., Orange, CA 92866  
(714) 544-5429

### **Kristen Kinsfogel, PhD**

#### **Psychologist**

(In-person/walking distance)  
624 W. Chapman Ave., Orange, CA 92866  
(949) 395-7076  
[www.kristenkinsfogelphd.com](http://www.kristenkinsfogelphd.com)

### **Angela Arendt, LMFT (Any PPO)**

(In-person-Walking Distance)  
594 N. Glassell St., Orange, CA 92867  
(714) 460-2974

### **Henry R. Drummond, PhD**

#### **Psychologist**

(In-person and Telehealth)  
(UHC, BlueCross, + most major ins.)  
2140 W. Chapman Ave. Suite 261  
Orange, CA 92868  
(562) 413-1895

### **Hiroko Saeki, LMFT, RDT**

(In-person-Walking Distance)  
594 North Glassell Street  
Orange, CA 92867  
(310) 704-5631  
[info@hirokostherapy.com](mailto:info@hirokostherapy.com)  
[www.hirokostherapy.com](http://www.hirokostherapy.com)

### **Luis Arevalo, PhD**

#### **Psychologist**

(In-person & Telehealth)  
(UHC, All major insurance)  
746 E. Chapman Ave.,  
Orange, CA 92866  
(714) 639-1933

### **Jason Odegaard, LMFT**

(Telehealth Only)  
(562) 458-1054  
[jasonodegaardcounseling.com](http://jasonodegaardcounseling.com)

### **Terry Wright, PhD**

#### **Psychologist**

(In-person)  
(UHC, Aetna, Anthem Blue Cross, Cigna)  
2101 N. Main St., Ste D,  
Santa Ana, CA 92706  
(714) 558-8487 [www.twrightphd.com](http://www.twrightphd.com)

**Van Thuy Nguyen, LCSW**  
(In-person and Telehealth)  
(UHC, Aetna, Anthem, Cigna, Healthnet, & MHN)  
232 W. Main St, Ste 103, Tustin, CA 92780  
(310) 945-2942

**Liz Moore Birch, LMFT**  
(In-Person & Telehealth)  
(Tricare, Cigna, Kaiser & Medi-Cal)  
238 W. Main St., Ste.101 Tustin, CA 92780  
(714) 584-6047  
[Lizbirchtherapist.com](http://Lizbirchtherapist.com)

**Christy Zail, LMFT**  
(Telehealth Only- Lyra Health)  
218 W. Main St., Suite 104  
Tustin, CA 92780  
(714) 386-9717

**Asiyeh Zargaran, LMFT**  
(Telehealth Only/Flexible Schedule)  
949-372-2106

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## COUNSELING CENTERS

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**Mariposa Women & Family Center**  
(Sliding Scale-In-Person, Telehealth, Groups)  
845 W. Orangewood Ave. Suite 300  
Orange, CA 92867 (714) 547-6494  
[www.mariposacenter.org](http://www.mariposacenter.org)

**Mindpath College Health**  
(Takes most major insurance)  
4255 Campus Drive, Suite A245, Irvine CA 92616  
(949) 502-0736  
[irvine.college.health@mindpath.com](mailto:irvine.college.health@mindpath.com)  
[college.mindpath.com](http://college.mindpath.com)

**Straight Talk**  
(Low Cost)  
3785 South Plaza Drive, Santa Ana, CA 92704  
(714) 828-2000  
<https://www.straighttalkcounseling.org/>

**Gather and Grow OC**  
1420 N. Harbor Blvd. Suite 600A, Fullerton, 92831  
(714) 600-9762 / [hello@gatherandgrowoc.com](mailto:hello@gatherandgrowoc.com)  
[www.gatherandgrowoc.com](http://www.gatherandgrowoc.com)

**California OCD and Anxiety Treatment Center**  
2501 E Chapman Ave, Suite #185, Fullerton, CA. 92831  
(714) 423-3779  
[www.CalOCD.com](http://www.CalOCD.com)

**The Multicultural Therapy Center**  
(Medi-Cal/CalOptima, CIGNA, MHN, Anthem, Aetna, etc.)  
12821 Newport Ave., Tustin, CA 92780  
(714) 830-8708  
[www.themulticulturaltherapycenter.com](http://www.themulticulturaltherapycenter.com)

**Living Success Center**  
(Low Cost/Sliding Scale/ In-Person & Telehealth)  
(Aetna, Cigna, MHN, Kaiser PPO)  
1560 Brookhollow Dr., Santa Ana, CA 92705  
(949) 645-4723

**Central City Community Health Clinic**  
(sliding scale fees)  
2243 W. Ball Rd. Anaheim, CA 92804  
(714) 490-2750  
[www.centralcityhealth.org](http://www.centralcityhealth.org)

**All Things Relationship**  
In-Person & Telehealth- 7 days/wk)  
(714) 803-4866 / [allthingsrelationship@gmail.com](mailto:allthingsrelationship@gmail.com)  
(UHC, Anthem BC, Aetna, Cigna, Cal opt/Medi-cal, Tri-care)  
12821 Newport Ave. Tustin, CA 92780

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## Search Engines for Additional Providers

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Psychology Today  
[www.psychologytoday.com](http://www.psychologytoday.com)

American Association of Marriage and Family Therapy (AAMFT)  
[https://www.aamft.org/Directories/Find\\_a\\_Therapist.aspx](https://www.aamft.org/Directories/Find_a_Therapist.aspx)

California Association of Marriage and Family Therapists (CAMFT) <https://www.counselingcalifornia.com/>