

# Nelae Keene, MPAS, PA-C

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814.952.2313

## EDUCATION

Gannon University, Erie, Pennsylvania  
Master of Physician Assistant Sciences, (ARC-PA Accredited) August 2011  
Bachelor of Health Science May 2010

## PROFESSIONAL EXPERIENCE

Physician Assistant: full time  
Orange County Psychiatry and Addiction Medicine October 2011- present  
Valeh Karimkhani, D.O.  
Costa Mesa, CA

Physician Assistant: per diem  
ACCESS Mind Institute November 2016- 2018  
Richard Granese, MD  
Laguna Niguel, CA

Adjunct Clinical Faculty  
Marshall B. Ketchum University PA Program August 2016- present  
Fullerton, CA

Adjunct Clinical Faculty  
Chapman University PA Program August 2017- present  
Irvine, CA

## WORK RELATED SKILLS

Provides and monitors medical detox for patients with substance dependence  
Identifies acute and chronic mental health issues  
Experience managing dual diagnosis in pregnancy  
Performs physical examinations and orders labs  
Manages acute cases of psychosis or mania  
Provides suicide and homicide risk assessment  
Utilizes extensive knowledge of psychopharmacology to prescribe medication  
Utilizes pharmacogenetic testing to determine medication response  
Emphasizes nutrition and exercise as fundamentals towards mental health  
Provides patient and family education from handouts to group lectures  
Monitors weight and meal plans in patients with eating disorders  
Administers intramuscular injections of Vivitrol, Sublocade and long acting antipsychotics  
Provides therapeutic support through motivational interviewing  
Prescribes and monitors patients undergoing Trans cranial Magnetic Stimulation  
Provides referrals for psychotherapy and higher levels of care when needed  
Utilizes tele-psychiatry  
Diagnoses and treats common urgent care issues including URI, bronchitis, sinusitis, pharyngitis, asthma exacerbations, otitis media/externa, UTI, migraines, allergic reactions  
Monitoring of chronic medical issues including diabetes mellitus, hypertension, high cholesterol, obesity, chronic pain, thyroid disease and seizure disorders

## **CERTIFICATIONS**

NCCPA Board Certified  
NCCPA Certificate of Added Qualifications in Psychiatry (CAQ)  
DEA Certified  
California State License No. 21875  
CPR/ACLS Certified  
Controlled Substance Certified

## **PROFESSIONAL ORGANIZATIONS**

NCCPA Health Foundation Board Member	January 2016- present
NCCPA Health Foundation Secretary/Treasurer	January 2018- present
Association of Physician Assistants in Psychiatry	January 2016- present
WAAT: Women's Association for Addiction Treatment	May 2012- present
Active Member of AAPA and CAPA	August 2011- present
NCCPA CAQ Promotion Council	April 2015- 2016
Sigma Sigma Sigma Social Sorority Alumni	August 2011- present

## **AWARDS**

McMannis Award and Scholarship for Health Professionals	August 2011
Scripps Natural Medicine Comprehension Award 2011	August 2011